

Reflect on Your Keystone Experience

Preparation

- Set aside time for an end-of-year reflection at a regular Keystone meeting.
- Keystone officers and the Keystone advisor partner to facilitate the meeting.
- Print copies of **Reflect on Your Keystone Experience** (pages 2-3).

Step-by-step instructions

- Distribute copies of **Reflect on Your Keystone Experience** (pages 2-3) to each Keystoner, or direct them to download it on their phones.
- Ask each Keystoner to reflect on their individual and team leadership and write notes on the page.
- Ask everyone to listen, and invite Keystoners to share their reflections with the group.
- Discuss ideas for areas of growth and next steps as the team moves into the new charter year.

Reflect on Your Keystone Experience

At the end of the charter period (August 31), reflect on your Keystone experience over the past year—both individual leadership and team leadership.

I. Individual leadership

1. What leadership strengths did you bring to this experience?

2. What did you learn about yourself through this experience?

3. When were you at your best as a leader?

4. How has this experience helped you find your voice?

5. What are some ways you want to grow in your leadership?

II. Team leadership

1. What happened when the team tried to make a decision? How did you feel?

2. What did you do well as a team?

3. What didn't you do as well?

4. What can the team do to make it better the next time?

5. How have you helped someone else recognize their leadership strengths?

6. What are specific leadership strengths you've observed other Keystoneers?
